

# Basic Life Support Chart

**D**

## DANGER

Ensure the area is safe for your self, others and the patient.



**R**

## RESPONSE

Check the response-ask name-Squeeze shoulders

**No response**

**Response**

- Make comfortable
- Monitor response



**S**

## SEND FOR HELP

Call for an ambulance or ask another person to make the call.



**A**

## AIRWAY

Open mouth-if foreign material present, place in Recovery position, Clear airway with fingers.



**B**

## BREATHING

Check for breathing-look, listen, feel

**Not Normal breathing**

**Normal breathing**

Start CPR

- Place in recovery position
- Monitor breathing



**C**

## CPR

Start CPR-30 chest compressions:2 breaths, continue CPR until help arrives or patient recovers.



**D**

## DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.

