

WORJK AT HEIGHT CHECKLIST

Date:		Reference:	
Project:			
Checked by:			

S. N	Description	YES	NO	N/A
Worksite Inspection				
1.	All the workers have been explained safe work-procedures?			
2.	A well-developed Communication system have been made and explained to the workforce			
3.	Adequate illumination has been ensured.			
4.	Work-area inspected before starting of the job.			
5.	The area below the worksite barricaded, especially below hot works			
6.	Workmen provided with bad / box to carry bolts, nuts and hand tools.			
7.	Arrangement for fastening hand tools made.			
8.	All work platforms ensured to be of adequate strength and ergonomically suitable.			
9.	Fabricated made shift arrangements and checked for quality and type of material welding, anchoring etc.			
Access / Egress				
10.	Walkways provided with hand-rails, mid-rail & toe guard?			
11.	All chequered plates, gratings properly welded/bolted			
12.	Are ladders inspected and whether they are maintained in good condition			
13.	Are ladders spliced			
14.	Are ladders appropriately secured for the prevention of slipping, sliding or falling			
15.	Do side-rails extend 36" above the top of the landing			
16.	Are built-in ladders constructed of sound materials			
17.	Rungs and cleats not over 12" on centre			
18.	Metal ladders not used around\d electrical hazards			
19.	Proper maintenance and storage			
20.	Ladders, staircases welded/ bolted properly			
21.	Any obstruction in the stairs			
22.	Are landing provided with hand with handrails, knee-rails toe-boards...etc.			
23.	Ladders placed at the right slope			
24.	Whether ramp is provided with proper slope			
25.	Proper hand-rails/guards provided in ramps			
House Keeping				
26.	Walkways, aisles and all overhead workplaces cleared of loose materials			
27.	Flammable material, if any, are cleared			
28.	All shuttering material is removed after de-shuttering is done			
29.	Platforms and walkways free of oil/grease or another slippery spillage			
30.	Collected scrap and other steel waste objects are brought down from the height			
P.P.E. & Safety Devices				
31.	Use of PPE (below mentioned) ensured for all workers			
32.	Safety Hard Hat			
33.	Safety Footwear			
34.	Full Body Harness while working should be anchoring			
35.	Hand Gloves			
36.	Coverall			
37.	Goggles			
38.	Anchoring Point provided at all places of work.			
39.	General life-line provided wherever linear movement at height is needed			
40.	Safety nets are in use wherever required			
41.	Proper fall arrest system is provided, monitored and deployed at critical workplaces.			
42.	Crawler boards / Safety system for work on the fragile roof are used			

Reviewed by:

Signature: