

Personal Protective Equipment is intended to protect you from risks, which cannot be eliminated or guarded against by other more effective means. Your employer must assess the work you do and take all reasonable steps to eliminate or reduce risks ([PPE Regulations](#)). If he decides that some risk still remains he must provide you with [PPE](#). Some risks are deemed to be always present on building sites, hence separate Regulations require 'hard hats' to be worn in 'hard hat areas', at all times.

1. You have a duty to wear any [PPE](#) provided by your employer and he has a duty to See that you do.
2. You must wear and use the [PPE](#) in the way it was intended – therefore it must fit you. If it doesn't – report it.
3. [PPE](#) must be suitable for the risk and the job in hand – if it's not – report it.
4. [PPE](#) must not itself create a new risk – if it does – report it.
5. You have a duty to take care of the [PPE](#) and not to abuse it.
6. You have no right to take the [PPE](#) off site unless your employer says you can. Otherwise you must return it to the appropriate storage place after use.
7. If you are unsure about how to use [PPE](#) (e.g. breathing apparatus) ask for training first. You must be adequately trained.
8. If there is anything wrong with the [PPE](#) provided e.g. worn out, broken, missing, In need of maintenance or cleaning etc. you must report it.
9. The Health and Safety Executive provide free advice leaflets on [PPE](#) for construction workers.
10. Remember, the law does not expect your boss to be psychic, if you know of a problem Regarding [PPE](#) or a risk that need guarding against TELL HIM ABOUT IT!

**Note – Underlined words and phrases indicate a specific mention in the Regulations. Offences against the Regulations are Criminal Acts.**

